## SCALE Case Study

**Services** 

Deployed

Strategy & Performance

Optimization

Payer Strategy

# Market Positioning and Payer Strategy – Home Health Service Provider

## Overview

SCALE was engaged by a home health service provider specializing in post-acute care to assist with payer contract review, rate negotiation, and market positioning across Medicare Advantage (MA) and Commercial lines of business.

- + The Client is a leading home health nursing agency in orthopedic care recovery with over \$16 million in annual revenue and accelerating growth in patient volume.
- + The Client receives physician, hospital and ASC referrals for post-operative patients for skilled nursing and home health physical therapy services to aid in recovery.
- + Increased volume in orthopedic patient episodes and lagging reimbursement compelled them to seek improvement in payer contract performance.

#### Execution

SCALE Payer Strategy analyzed the home health market and their current payer agreements to develop a rate negotiation strategy:

- + Obtained clinical and performance outcomes from the group to quantify savings to the payer.
- + Reviewed current payer contracts assessing competitiveness of rates specific to the geography, nationally and service type provision.
- + Researched Client's positioning within the context of national home health market movement, payer acquisitions, as well as payment methodology.
- + Obtained data from market stakeholder views on home health services as a factor included in the strategy.

#### Results

As a result of payer negotiations, the increased commercial rates with two major payers by double digit rates alongside more favorable contract terms.

- + SCALE assisted the Client in meeting with payer representatives to explain their value proposition and demonstration of high-quality patient outcomes in post-acute care.
- + The group's contracts with 2 other payers are in ongoing negotiations for more favorable rates and contract language.
- + SCALE is proactively coordinating the negotiation of other contracts for 2024 based on contract renewal timelines.

# SCALE+ healthcare

SCALE prides itself in developing customized solutions for its clients and helping physician groups grow and thrive in a challenging marketplace. Now, we are ready to help you. We look forward to sharing examples of how we have helped our clients and invite you to schedule a 1-on-1 complimentary consultation with us.

Contact Margaret Braxton at MBraxton@scale-healthcare.com or (804) 305-4812 to continue the conversation.

www.scale-healthcare.com